

**West Texas A&M University**  
**Advising Services**  
**Degree Checklist**  
**2018-2019**

NAME: \_\_\_\_\_

WT ID: \_\_\_\_\_

DATE: \_\_\_\_\_

**Athletic Training**  
**Department of Sports and Exercise Sciences**  
**AC 217 651-2370**

<b>CORE CURRICULUM COURSES: 42 HOURS ♦</b>		<b>HRS</b>
<b>Communication (Code 10)</b>		
ENGL 1301 Introduction to Academic Writing and Argumentation	3	
COMM 1315, 1318, or 1321	3	
<b>Mathematics (Code 20)</b>		
MATH 1314*, 1316*, 1324*, 1325*, 1332**/, 1342**/, 1350**/, 2412*, or 2413* (2412 & 2413: extra hr. moves to Code 90)	3	
<b>Life and Physical Sciences (Code 30)</b>		
<b>Take two courses from (extra lab hours move to Code 90): ♦</b> ANSC 1319; BIOL 1406 or 1408, 1407* or 1409*, 1411, 1413; CHEM 1405* or 1411*, 1412*; ENVR 1407; GEOL 1401 or 1403, 1402, 1404; PHYS 1401*, 1402*, 1411, 1412, 2425*, 2426*; PSES 1301, 1307	6	
<b>Language, Philosophy and Culture (Code 40)</b>		
ANTH 2351, ENGL 2321*, 2326*, 2331*, 2341*, 2343*; HIST 2311, 2323, 2372; MCOM 1307; PHIL 1301, 2374; SPAN 2311*, 2312**/, 2313*, 2315*, 2371 <b>Choose 1</b>	3	
<b>Creative Arts (Code 50)</b>		
ARTS 1303, ARTS 1304; DANC 2303; MUSI 1306, MUSI 1307, MUSI 1310; or THRE 1310 <b>Choose 1</b>	3	
<b>American History (Code 60)</b>		
HIST 1301, 1302, 2301, 2381 <b>Choose 2</b>	6	
<b>Government/Political Science (Code 70)</b>		
POSC 2305 and 2306	6	
<b>Social and Behavioral Sciences (Code 80)</b>		
AGBE 2317*; COMM 2377; CRIJ 1301; ECON 2301, 2302; PSYC 2301; SOCI 1301 <b>Choose 1</b>	3	
<b>Component Area Option (Code 90)</b>		
<b>Take six hours from: ♦</b> AGRI 2300; BIOL lab hours (from Code 30); BUSI 1304; CHEM lab hours (from Code 30); CIDM 1105, CIDM 1301 or 1315; CS 1301; ENGL 1101, 1302*, 2311*; ENVR lab hour (from Code 30); GEOL lab hours (from Code 30); IDS 1071 (1-3 hours); extra MATH hours (from Code 20); PHIL 2303; PHYS lab hours (from Code 30)	6	
<b>ATHLETIC TRAINING REQUIREMENTS: 74 HOURS</b>		
<b>DIDACTIC COURSE WORK IN PHYSICAL EDUCATION/ATHLETIC TRAINING: 55 HOURS</b>		
ATTR 2371 Athletic Training I	3	
ATTR 2372 Emergency Response Techniques for Athletic Trainers	3	
ATTR 3308* Therapeutic Exercise	3	
ATTR 3309* Therapeutic Modalities	3	
ATTR 3331* Athletic Training Evaluation I—Lower Extremity	3	
ATTR 3332* Athletic Training Evaluation II—Upper Extremity	3	
ATTR 4320* Athletic Training Trends and Issues	3	
ATTR 4412* Advanced Athletic Training	4	
SES 3302* Structural and Mechanical Kinesiology	3	
SES 3304 Measurement and Evaluation Technique	3	

**Bachelor of Science Degree**  
**BS.AT (113)**

SES 3316 Drugs, Alcohol and Tobacco	3	
SES 3321 Motor Development	3	
SES 3340 Sport Nutrition	3	
SES 3341* Exercise Physiology	3	
SES 3356* Theory and Practice of Strength Training and Conditioning	3	
SES 4328* Psychology of Injury	3	
SES 4330* Professional Issues in Sport and Exercise Sciences	3	
SES 4341* Sport Biomechanics	3	
<b>DIDACTIC COURSE WORK IN OTHER DEPARTMENTS: 8 HOURS</b>		
BIOL 2401*, 2401L Human Anatomy & Physiology I	4	
BIOL 2402*, 2402L Human Anatomy & Physiology II	4	
<b>ELECTIVES: 15 HOURS BY ADVISEMENT—SEE NOTE</b>		
ELECTIVES (ANY LEVEL) ♦	15	
<b>MINIMUM HOURS REQUIRED TO COMPLETE DEGREE</b>	<b>120</b>	

♦ The core curriculum must total **exactly 42 hours**; excess hours must be moved to the major as an elective or a major requirement and stay within the 120-hour requirement or approved total submitted to the Coordinating Board for degree requirements. Some majors specify particular courses to meet core curriculum requirements when options are available.

\*Indicates prerequisites—see catalog for more information.

\*\* While MATH 1332, 1342 and 1350 will fulfill core math requirements, they will NOT prepare students for higher-level math courses such as Plane Trigonometry (MATH 1316) or Pre-Calculus (MATH 2412).

\*\*\* Or an equivalent course (second year, second semester) in a foreign language.

NOTE: At least 39 hours of advanced work (3000- or 4000-level courses) for which tuition is paid must be earned at WTAMU, and 30 of the final 36 hours counted toward the degree must be earned at WTAMU. A maximum of 60 semester hours in any single discipline, six hours in religion (REL) and six hours in physical education (PHED) can be counted toward a degree.

**Note: This is NOT a degree plan. After completing 30 hours, students are encouraged to request an official degree plan by using the online [Degree Plan Request](#) form. The dean's office of the College of Nursing and Health Sciences, located in Old Main, Room 402 (or call 806-651-3500), can answer questions about the degree plan. Students who have completed 45 hours will not be allowed to progress without requesting a degree plan.**

